Course Application

Merrithew™ Education

For training center contact information visit **merrithew.com/education/wheretotrain**

Contact information *please print*

Name: Company name — *if applicable*:

Address:

City: state /province: Country: Zip / Postal code:

Phone day: Evening: Email:

Course registration

- Space is limited and applications will be processed on a first come-first-served basis.
- Space will ONLY be reserved upon the receipt of application and a 20% deposit of the course fee.
- Fees for courses and workshops do not include required course materials, applicable taxes or exam fees. Prices are subject to change without notice.
- For full details on cancellation and change policies contact the training facility.
- Applicants under the age of 18 are subject to registration approval by the Senior Program Director, Toronto Corporate Training Center.
- Some courses have prerequisites.
- Additional information may be required once application is received, i.e. a detailed resumé / CV outlining education and experience and two letters of references.

Start date requested & course location

Course selection

Comprehensive Program – STOTT PILATES®

☐ **CMR** Comprehensive Matwork & Reformer – 90 hrs + 60 hrs apprenticeship

☐ **CCCB** Comprehensive Cadillac, Chair & Barrels – 50 hrs + 40 hrs apprenticeship

☐ **ISP** Injuries & Special Populations – 24 hrs

☐ **FAR** [AM, AR, ACCB] Full Advanced Repertoire – 36 hrs

☐ **FULL** [CMR, CCCB, ISP, AM, AR, ACCB] – 7 month program + 100 hrs apprenticeship

Please be aware The Comprehensive Program is only offered at a few select locations.
Please visit our Find Training Near You page for the most up to date training schedules: **merrithew.com/instructor-training/find-training**

Course Application cont'd

Intensive Program – STOTT PILATES

- ☐ **FA** Functional Anatomy – 30 hrs
- ☐ **IMP** Intensive Mat-Plus™ – 40 hrs
- ☐ **IR** Intensive Reformer – 50 hrs
- ☐ **ICAD** Intensive Cadillac – 25 hrs
- ☐ **ICHR** Intensive Stability Chair – 15 hrs
- ☐ **IBRL** Intensive Barrel – 10 hrs

Advanced Program – STOTT PILATES

- ☐ **ISP** Injuries & Special Populations – 24 hrs
- ☐ **AM** Advanced Matwork – 6 hrs
- ☐ **AR** Advanced Reformer – 18 hrs
- ☐ **ACAD** Advanced Cadillac – 6 hrs
- ☐ **ACHR** Advanced Stability Chair – 3 hrs
- ☐ **ABRL** Advanced Barrel – 3 hrs

Relevant education

Please list related degrees, diplomas, post-secondary or certificate courses and workshops, including Merrithew education

Describe anatomy education: Include number of hours, when / where you studied and what topics were covered

— *e.g. musculoskeletal, anatomy, biomechanics*

☐ college / university course ☐ workshop / other

Course Application cont'd

List related certification — *please specify: eg. ACE, AFAA*

Relevant experience

Outline your teaching experience — *describe subject taught / years teaching*

Describe your personal experience in dance, fitness or other body work — *how many years / how recently*

Outline your Pilates experience *(for STOTT PILATES courses)*

— *describe when & where, indicate the STOTT PILATES method or other*

☐ none ☐ 1-10 hrs ☐ 10-30 hrs ☐ 30+ hrs

Personal information

Do you have any injuries, conditions or postural issues? Are you currently pregnant or have you recently given birth?

Failure to disclose any issues prior to enrollment may result in your removal from the course.

How did you hear about Merrithew and its education program?

Course Application cont'd

Why are you interested in Merrithew Education?

Are you using this course to fulfill Continuing Education Credits? ☐ Yes ☐ No

If yes, for what organization?

Complete your registration

Once the application is approved, contact the training center for payment to complete your registration

Cancellation policy: If the student cancels their workshop or course enrollment less than four weeks prior to the start date of the workshop or course, there will be no refund of monies paid. Where the student cancels their enrollment with greater than four weeks notice the 20% deposit will be forfeited toward the cancellation fee.

I hereby agree:

☐ I plan to attend all course hours: ☐ Yes ☐ No

☐ I certify that the information provided on this application is accurate.

☐ I understand that failure to provide accurate information may result in my removal from the certification program.

I have included the following:

☐ 20% non-returnable/non-transferable course fee deposit

☐ Proof of certification — *if applicable*

☐ Full payment of course materials — *optional*

☐ Two letters of reference — *optional*

Signature: Date:

Email your application

Send your application to **educationadvisor@merrithew.com**