TRAINING CENTER liability **release**

I subscribe to and accept the following

Merrithew Health & Fitness™ shall not be liable for any damages arising from any personal injuries sustained by a student on or about the premises of STOTT PILATES® Training Centers. All students are aware that they are using the said facility's equipment at their own risk. A student assumes full responsibility for any injuries or damages which may occur to him/her using said facilities and he/she does hereby fully and forever release and discharge the STOTT PILATES Training Center, its owners, employees and agents from any and all claims, demands, damages, rights of action, or causes of actions, present or future, whether the same be known or unknown, anticipated or unanticipated, resulting from or arising out of their use or intended use of the facility's equipment.

I warrant, represent and agree that I am in good physical condition and have no disability, impairment, or ailment preventing me from engaging in active or passive exercise, or that will be detrimental or inimical to my health, safety, comfort, or physical condition if I do so engage or participate. The STOTT PILATES Training Center shall not be liable for the loss or theft of, or damage to, the personal property of a student.

Terms and conditions of sessions

I agree to keep and obey all the rules and regulations now in force or prescribed by STOTT PILATES Training Center for the use of its facilities and equipment. I understand that under certain circumstances, the said location may request written medical clearance before commencing or continuing with a Pilates exercise program. **Initial:** _____

How did you hear about STOTT PILATES?

☐ friend / co-worker ☐ website / social media ☐ health professional ☐ current member: name _____

☐ other _____

Contact information*

name: birthdate:

address:

city: state/province zip/postal code:

telephone – home: business: mobile:

email:

Emergency contact

name: relationship: telephone:

date: signature:

*Your personal Information is used only by the STOTT PILATES Head Office team and will not be shared with a third party.

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