

Timetable Studio 13

Monday	Tuesday	Wednesday	Thursday	Friday
	Private Class 8.30 – 9.30			Private Class 8.30 – 9.30
L2 Reformer & Frame 9.45 – 10.45	Private Class 9.30 – 10.30	Private Class 9.30 – 10.30	L2 Reformer & Frame 9.45 – 10.45	Private Class 9.45 – 10.45
	Private Class 10.30 – 11.30	L2 Reformer 10.30 – 11.30		Private Class 10.45 – 11.45
L2 Reformer & Frame 11.00 – 12.00	Private Class 11.30 – 12.30	L2 Reformer & Frame 11.30 – 12.30		Private Class 11.45 – 12.45
Private Class 12.15 – 13.15	Private Class 12.30 – 1.30	L1 Beginner Reformer 12.30 – 13.30	L2/L3 Reformer & Frame 12.15 – 13.15	
			Private Class 13.30 – 14.30	Private Class 13.00 – 14.00
L2 Reformer & Frame 13.30 – 14.30	Private Class 1.45 – 2.45			Private Class 14.00 – 15.00
			Pilates 15.00 - 17.00	
Private Class 16.00 - 17.00				
Private Class 17.00 – 18.00		Private Class 17.00 – 18.00		
Private Class 18.00 – 19.00	L2 Reformer & Frame 18.30 – 19.30	L2 Reformer 18.00 – 19.00	Pilates 18.15 – 19.15	
Private Class 19.00 – 20.00	L2 Reformer & Frame 19.45 – 20.45	L1 Beginner Reformer 19.30 – 20.30		

Key
Chrissy
Sam
Dawn
L1 Beginner Essential
L2 Intermediate
L3 Advanced